

## Ceithir Raithean Self Catering Notes On Post Lockdown Vacations

Ceithir Raithean is proud to announce that we will be following the cleaning protocols released in June. To help cement our knowledge, we also took a course designed to help owners and cleaners of self-catering properties.

In it, we covered:

- Risk Assessments
- The science of Coronavirus, its longevity on different surfaces and how to effectively and safely eradicate it from our property.
- What cleaning products we should be using and why, and their effective kill rates.

We are really confident that our property is entirely safe and we are looking forward to a socially distanced welcome soon. 😊



Please read the following notes carefully, as we have removed the house information book for the time being.

The house will be open for your arrival at 4.30 pm and you will find the house keys on the kitchen table.

There is a hand sanitiser station at the front and back door of the house.

The wifi internet code is:

We are only next door, if you have any problems or questions, need info on how appliances work or any repairs that may need to be done etc don't hesitate to contact us by

Email: [vanessa.blower@btopenworld.com](mailto:vanessa.blower@btopenworld.com) / [joe@westernislescruises.co.uk](mailto:joe@westernislescruises.co.uk)

Phone: (01687) 450 656      07919356832      07919217111

We can then arrange a time when you are going to be out and we can then enter the house to address any issues.

The same applies for the underfloor heating in the house, we can control it remotely, so please don't hesitate to let us know if you are too warm or too cool.

### Covid 19

Please could we politely remind you the importance of ensuring you are fit to travel and not showing any symptoms of the Covid Virus.

It may be an idea to make sure you have holiday travel insurance incase you need to extend your stay to self isolate.

We believe <https://www.trailfinders.com/insurance#/step1> have extensive Covid 19 cover.

### Current Advice

If you should develop any symptoms during your stay or display symptoms of Coronavirus or someone else in your party has symptoms you must immediately book a test through <https://www.nhsinform.scot> or if you are unable to get online call 0800 028 2816

In accordance with [Test and Protect](#) people with symptoms are required to self-isolate for at least 7 days and everyone in the household should isolate for 14 days. If the test is negative everyone can end isolation. If positive, continue to isolate and the NHS Test and Protect programme team will be in touch to start contact tracing. Those contacted through the programme will be required to self-isolate for at least 14 days.

If guests who are isolating can travel home safely without the need of public transport, they should do so.

In the event that this is not possible, the guest should discuss this with the NHS Protect and Test Team. The guest may be signposted to the National Assistance Helpline on [0800 111 4000](tel:08001114000) if they need help to isolate and cannot arrange it themselves or through help from friends and family.

After the required period of self- isolation, you may return to your main place of residence.

If you have acute breathing difficulties call 999

Please then inform us, so we can take appropriate action.

COVID-19 Government guidance for the public states: “the most common symptoms of coronavirus are recent onset of a continuous cough or high temperature or a loss of, or change in, normal sense of taste or smell”.

If it is at all possible and you can travel, you may be asked to return home. If not, you may have to self- isolate in accordance with current Government guidance.

Guests should just follow standard self-care methods and in addition, refrain from putting out any rubbish. All rubbish should be double bagged and stored safely for 72 hours before being thrown out. Alternatively, it should be placed in a suitable outdoor bin for removal.

We should be able to leave supplies or shopping at the front door steps if you have to self- isolate.

Please also inform us, if on your return home you develop symptoms within 14 days.

### Other Actions We Are Taking

Please note wearing a face mask is mandatory in shops and public places from 10<sup>th</sup> July 20 until further notice.

We are asking our guests to bring as many food supplies & sundries as possible to ease strain on our local Co-op in Mallaig, especially as the local Spar has now closed. There is a Marks & Spencer's, Morrison's and Aldi in Fort William.

We have taken the decision to remove all the bed runners, un-necessary cushions and ornaments, the guest information book and things to do leaflets.

The website [www.road-to-the-isles.org.uk](http://www.road-to-the-isles.org.uk) has a wealth of information on things to do and see in our local area and I would advise a look at it before arriving to allow you to plan ahead.

We have purchased extra pillow and mattress protectors.

There is a hand sanitiser station at the front and back door of the house.

We have found a cleaning virucidal product that we will be using throughout the house, that is better for the environment and less abrasive than bleach. This product can also be misted over the couches & chairs and soft furnishings such as curtains and necessary cushions.. It also comes as a food safe form for the kitchen area.



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## A Few House Notes

The wifi internet number is :

Our Bin Days are Tuesday mornings, please wheel the bin to the grass area outside the house (you will see the other bins there).

Please use the recycling blue bin as appropriate and you will find the glass recycling bin in the utility room.

Advice taken says that the Hot Tub is safe for use during this time.

Again, if you have any questions, please do not hesitate to contact us on the numbers above, we are more than happy to help.

## Vacating After Your Holiday

We sincerely hope you enjoy your holiday and would like to thank you for your support and booking with us.

In light of current safety advice we have adapted our check out procedure and would politely ask that you:

1. Once you have got up and washed, please strip the beds, and take all towels and place in the linen bag provided and leave in the room.
2. Please ensure all cutlery and crockery that has been used is placed in the dishwasher and set on a washing cycle. That any glasses are washed in hot soapy water and left by the sink
3. Please ensure all landfill rubbish is bagged, tied and placed in the appropriate bin. Please ensure all recycling is cleaned and placed in the recycling bin. Any glass recycling needs to be in the blue bin in the utility room.
4. If weather permits, please leave a few windows open to allow air to circulate.

5. Please vacate by 10.am to allow us to properly clean the property for our next guests.

We also kindly ask all guests to please get in touch with us again if they develop any Covid 19 symptoms within the next two weeks. For an updated list of symptoms and protocol for those exhibiting symptoms, please go to <https://www.nhs.uk/conditions/coronavirus-covid-19/>

We would like to say a big Thank You for booking with us, we sincerely hope you enjoy your holiday and return home with many happy memories.

